

@mjkabir Notes



<https://shownotes.app/show/rocklin>

Best of Rocklin and Surrounding Towns

When you live in a town for fifteen years or so, you get to know the best places. I love Rocklin and the surrounding areas including Roseville, Lincoln and Auburn.

I decided to make a ShowNote about the things I love in Rocklin and the surrounding towns.

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Whitney Oaks - favorite neighborhood

Of course, I live here :)

235 days 13 hrs ago

Rocklin High School – Great High School

Rocklin has two great high schools and among them the namesake high school is the most well known.

Engineering Pathway: Rocklin High School offers a specialized Engineering Pathway program that allows students to gain hands-on experience in engineering fields, including courses in principles of engineering, robotics, and computer science.

Award-Winning Journalism Program: The school's journalism program produces the "Thunder Galleria" newspaper, which has won multiple awards at state and national levels for excellence in student journalism.

VEX Robotics Team: Rocklin High School's VEX Robotics team has competed at the national level, showcasing their skills in designing, building, and programming robots to perform specific tasks.

Innovative AgriScience Program: The school features an innovative AgriScience program that includes a school farm where students can engage in hands-on learning about agriculture, animal husbandry, and sustainable farming practices.

Rocklin High Theater Productions: The theater department is known for its high-quality productions, often staging ambitious plays and musicals that involve large casts and intricate set designs. Recent productions have included "Les Misérables" and "The Addams Family."

Thunder Marching Band: The Thunder Marching Band has performed in prestigious parades and competitions, earning top honors and recognition for their musical and marching excellence.

Student-Led Peer Counseling Program: Rocklin High School has a unique peer counseling program where trained students provide support and guidance to their peers, promoting mental health and well-being within the student body.

Annual Multicultural Festival: The school hosts an annual multicultural festival celebrating the diverse backgrounds of its students with performances, food, and cultural displays from around the world.

Environmental Club Initiatives: The Environmental Club at Rocklin High is actively involved in sustainability efforts, including organizing campus cleanups, recycling programs, and promoting environmental awareness among students.

Distinguished Alumni: Some of the school's alumni have gone on to achieve notable success in various fields, including professional sports, entertainment, and technology. Here are some distinguished alumni from Rocklin High School:

- **Dr. Megan Smith:** A prominent research scientist specializing in environmental science and sustainability, known for her work on climate change and renewable energy solutions.
- **Alex Kimura:** A successful entrepreneur and tech innovator who co-founded a well-known Silicon Valley startup focused on artificial intelligence and machine learning applications.
- **Emily Patterson:** An acclaimed author and academic, recognized for her contributions to contemporary literature and her research on modern American poetry.
- **Dr. Jason Nguyen:** A leading medical professional and surgeon who has made significant advancements in minimally invasive surgical techniques and patient care.
- **Jessica Martinez:** An influential advocate for social justice and human rights, working with international organizations to promote equality and access to education in underserved communities.
- **Robert Thompson:** An esteemed educator and principal who has implemented innovative educational programs and initiatives, greatly impacting the quality of education in his district.

- **Brendan Reilly:** Former NFL offensive lineman who played for the New England Patriots.
- **James Montgomery:** Former NFL running back who played for the Washington Redskins.
- **Jake Rodrigues:** Former college football quarterback who played for the University of Oregon and San Diego State University.
- **Nathan Gonzalez:** Author and journalist known for his work on international relations and Middle Eastern politics.
- **Lindsey Morgan:** Actress best known for her role as Raven Reyes on the television series "The 100."
- **Samantha Prahals:** Professional basketball player who played in the WNBA for the Phoenix Mercury and New York Liberty.

These alumni have made notable contributions in their respective fields, bringing recognition to Rocklin High School.

234 days 20 hrs ago

Quarry Park Adventure - fun park

I loving going there as it is a bit different than anything else and connected to the root of Rocklin's history.

Quarry Park is perhaps the city's biggest draw. Nestled right in a former mining quarry, it boasts an amphitheater, rock climbing, zip lining, paddle boating and more. For slower-paced fun, bring your clubs to the Whitney Oaks Golf Club, an 18-hole course, driving range and restaurant all rolled into one, or grab a pint at Moksa Brewing. Not sure what to order? Try the Night Cap or Summerthyme — both beers won gold medals at this summer's California Craft Brewers Cup.

235 days 13 hrs ago



Four Sisters Cafe - Best Breakfast Place

Four Sisters is the best local breakfast place that we have been enjoying since we moved here. Technically, the cafe is officially in Roseville.

235 days 13 hrs ago

Website:

<https://foursisterscafe.com/>



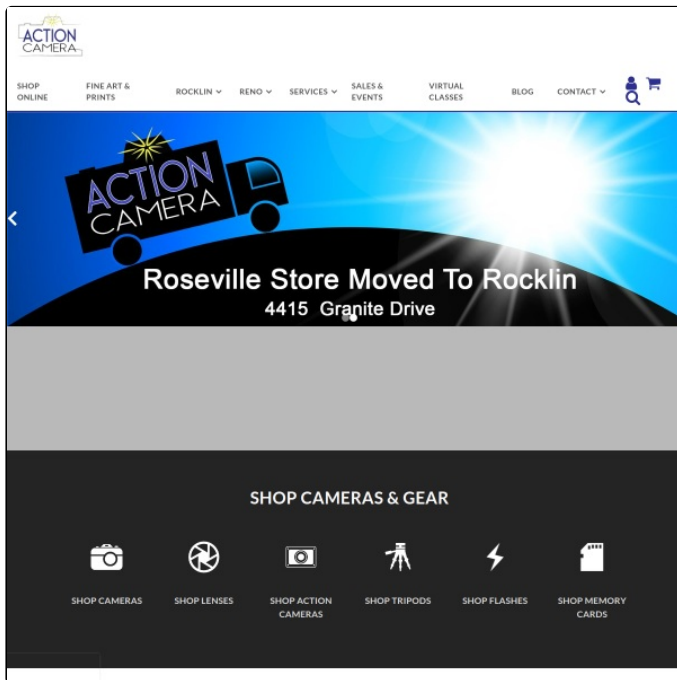
Rocklin Donuts & Cinnamon – Best Donuts

Rated #1 in the entire United States by Yelp!

235 days 14 hrs ago

Website:

<https://www.instagram.com/rocklindonutsandcinnamon>



Action Camera – Best Camera Store

This local camera store is amazing for all things related to photography and videography. I am a big fan of B&H in NYC but when it comes to lens, I prefer to pick them up from local stores with extremely knowledgeable staff and owner.

235 days 14 hrs ago

Website:

<https://www.actioncamera.com/>