

@mjkabir Notes



<https://shownotes.app/show/r97sm>

Recipes for Success

My quest for finding recipes for success.

TABLE OF CONTENTS

1. Grit: the power of passion and perseverance - Angela Duckworth
2. Simon Sinek's Golden Circle: WHY, HOW, WHAT?
3. Your Body Language May Shape Who You Are - Amy Cuddy
4. The Single Biggest Reason Why Startups Succeed - Bill Gross
5. Success is a Continuous Journey - Richard St. John
6. Mindsharing, the art of crowdsourcing everything - Lior Zoref
7. The Puzzle of Motivation - Dan Pink
8. A Kinder, Gentler Philosophy of Success - Alain de Botton
9. The Power of Introverts - Susan Cain
10. Do Schools Kill Creativity? - Sir Ken Robinson
11. Why you procrastinate -- and how to still get things done - Tim Urban



AI REVIEW PASSED.

Grit: the power of passion and perseverance - Angela Duckworth

This is an excellent Ted talk that talks about how grit is a pivotal force behind success.

313 days 21 hrs ago

Simon Sinek's Golden Circle: WHY, HOW, WHAT?

Simon Sinek is a fantastic thinker. He explains his discovery about why leaders differ from the rest of us.

He describes this as the golden circle, which consists of three circles: why, how, and what. Simon Sinek's Golden Circle is a concept that illustrates how successful leaders and organizations communicate. It consists of three concentric circles:

- **WHY** (the core circle): This represents the purpose, cause, or belief that drives an organization. It answers the question, "Why do we exist?"
- **HOW** (the middle circle) describes the process or actions to realize the WHY. It answers the question, "How do we fulfill our purpose?"
- **WHAT** (the outer circle): This is the outcome or the product and services an organization offers. It answers the question, "What do we produce or provide?"

Sinek emphasizes that inspired leaders and organizations communicate from the inside out, starting with WHY. This approach helps to connect with others on a deeper, more emotional level, fostering trust and loyalty.

Sinek argues that inspired leaders communicate from the inside out, starting with WHY. For example, Apple's WHY is to challenge the status quo with beautifully designed products. Their HOW is making products that are simple to use. Their WHAT is computers.

313 days 21 hrs ago

Your Body Language May Shape Who You Are - Amy Cuddy

313 days 21 hrs ago

The Single Biggest Reason Why Startups Succeed - Bill Gross

313 days 21 hrs ago

Success is a Continuous Journey - Richard St. John

313 days 21 hrs ago

Mindsharing, the art of crowdsourcing everything - Lior Zoref

313 days 21 hrs ago

The Puzzle of Motivation - Dan Pink

313 days 21 hrs ago

A Kinder, Gentler Philosophy of Success - Alain de Botton

313 days 21 hrs ago

The Power of Introverts - Susan Cain

313 days 21 hrs ago

Do Schools Kill Creativity? - Sir Ken Robinson

313 days 21 hrs ago

Why you procrastinate -- and how to still get things done - Tim Urban

313 days 21 hrs ago